

# ART THERAPY RETREAT

Art Therapy | The Gambia | Heal | Express | Connect

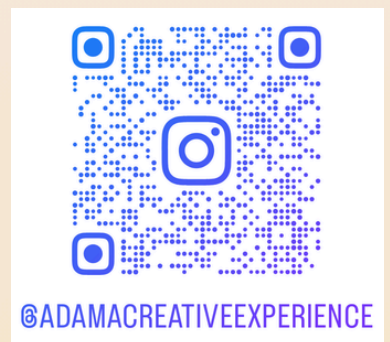
Join Adama for an unforgettable creative retreat at a 4-star luxury resort.

Reconnect with yourself through art, nature, and community.



BOOK YOUR SPOT NOW

Paulette Adama Robinson  
Registered Art Psychotherapist  
[www.adamacreativeexperience.com](http://www.adamacreativeexperience.com)





# RETREAT DATES

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**LOCATION : KOMBO BEACH RESORT, SEREKUNDA, GAMBIA**

**31 OCTOBER**  
**£1179\***

**Package includes**  
**Airport Transfer**  
**Art Therapy**  
**Art Classes**  
**Workshops**  
**Keep Fit Classes**

**24 NOVEMBER**  
**£1245\***

**Excursions included**  
**Banjul City Tour**  
**Gambian Market**  
**Crocodile Park**

**5 DECEMBER**  
**£1245\***

**19 JANUARY**  
**£1289\***

**Optional Excursions**  
**Kunta Kinteh Island**  
**Monkey Park**  
**Safari**  
**Senegal**

**13 FEBRUARY**  
**£1395\***

**9 MARCH**  
**£1269\***

(\*All prices are based on a **7-night package per person** and include return flights and bed-and-breakfast accommodation, based on two people sharing a room. All-inclusive options are available, along with 10-night packages. Single-person packages are also available on request.)



## Retreats

Join Adama for 7 or 10 nights in beautiful The Gambia and enjoy the perfect opportunity to relax, restore, rejuvenate, and explore your creativity.

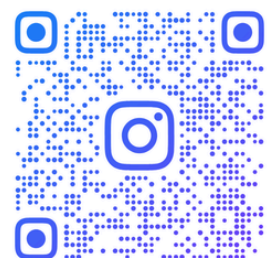
## Flights

**Gambia Experience**  
**23kg Baggage Allowance**  
**Flexible Payment Plans**  
**ABTA/ABTOT**



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